



# Miles ahead of his rivals

*Warriors speedstar tells Lewys Steward all about himself and the Warriors.*

**A**fter being told about Miles' laid back attitude and that half an hour before training he was still curled up in bed, I was suprised to see an eager Benjamin sitting, waiting for me before the interview.

Benjamin who seemed relaxed after a hard training session was more than happy to answer some questions about his career and his life.



**How do you think the season is going?**

It has been a little disappointing, we haven't really hit the heights this season but at the same time there's still time to get there but realistically its still achievable. Mathematically its definitely still possible to get in that top six and that's what we're going to try to do.

**What's the main aim for the Warriors at the end of the season?**

Our goal was top six, mathematically it's very possible. We've got 5 out of 8 of our remaining games at home so it should be very achievable to get in that top six and avoid that word relegation that seems to surround us every season. The Heineken cup is the main aim for every one so that's what we're going to try to do.

**After a good first season with the Warriors you broke your leg, did that crush you?**

Not really, I actually broke my leg the first time when I just joined the club at eighteen from school. I actually told all my mates I was going to be on TV and then I tried to show and go Henry Tuilangi who didn't really buy it and I broke my leg. The second time was the same injury just on the other leg, so there was no real panic factor just time to get on with it and get back in rehab.

**You said you broke your leg against Henry Tuilangi, what was he like to play against? Was he as intimidating as he looks on TV?**

I actually spent most the time looking up at him from the floor. Haha. But yeah I was only eighteen so he was pretty intimidating back then.

**How did it feel when you found out you broke your leg?**

It was very disappointing 'cause I felt I was pushing up the pecking order for international recognition, whether it be Saxons or the ultimate



Benjamin powers through a defender, as he hopes to again next season.

honour. I just had to accept it, it's an occupational hazard really so I had to take it on the chin. I was back in ten weeks so it didn't work out to bad.

**What is the morale like in the camp at the moment?**

At the moment morale is low about half an hour after the match 'cause we seem to keep on losing, but on a Monday we always try to focus on the positives. We've done a lot of

team building and match analysis. You just have to build for the future because that's the only thing you can influence.

**What do you think, you and the team need to improve on?**

As a team we just need to finish off more. We rarely get beaten off the park, we have a lot of close results where we're in the lead for sixty

to seventy minutes and then when it comes to it we lack the composure which usually is what costs us the game. Individually, everything really, you can never be perfect at one thing, whether it be kicking, passing or any part of my game. We've just got to try and improve it all really.

**Recently you have been picked for the Saxons team, how did that make you feel?**

It was awesome because we got to train against the first team for one day while we were in camp. So you can't help but think you've got that exposure and chance to impress the main man at the top. But overall it was just awesome to get picked because I wasn't expecting it. I was hopeful but I hadn't heard anything from the Saxons before so I wasn't expecting to hear but to just get the call to meet up with a new environment, new ethos, new players, was just awesome.

**Do you think now being picked for the Saxons, you are in the pecking order for the highest honour?**

Oh, of course, I'd be lying if I said I hadn't thought about playing for England its definitely what I want to do but I've just got to hope I play well enough. But it all starts here. I've just got to perform well for my club and hope that he takes notice if I'm doing well.

**Who is the best player that you have ever played against and with?**

Best player I've played with is Jack Gilding.

**You mean who just walked past?**

Haha yeah. Against, I think on his day, probably Alex Tuilangi. He's not the most consistent but when he plays well you definitely know about it. I try not to let him bully me but its easier said than done, I think.

**If you could play for any team in the world who would it be?**

Worcester Warriors mate. Really? Haha na... it's a bit of a dodgy question really because if I answer it I don't think they'd be to happy here. But for arguments sake, if I was fired or for some reason not here, I'd like to go to a new environment. Top 14 or Super 15. Top 14, I would love to play for Toulouse. In the Super 15, Auckland blues.

**Any reasons why you don't like being a professional rugby player?**

I sometimes don't like playing or training when its freezing cold but no, I'm really grateful for my job I do feel very lucky. Because I wanted to do it since I started thinking about it so I don't get angry very often to be honest.

**What do you like doing in the spare time you have?**

I try to play music with my house mate Matt Cox (whos been distracting me all interview) but he always wants me to play COD with him so we play that quite a bit on Xbox or PS3. I try and play the guitar and I've got a degree course I'm doing on the side to try and keep me occupied but that's just a part time thing. Its ideal for something else other than the rugby.



**What type of music do you listen to before a game then?**

Err, I listen to anything before a game. Not really pump up music. I even listen to something like Blue, I'm not really fussed, whatever comes on the ipod really.

**That's definately going into the article.**

Oh I better meat it up a bit then. Maybe a bit of Metallica haha.

**So do you think your the best at COD in the club?**

I am. I would say self buoyed best player at the club. I'm going to put myself on that pedestal right now. But don't interview my housemate about that.

**With new signings like Andy Goode and Luke Rooney, how do you think that will improve the team?**

They're all good players in their own right, all exciting signings. We just have to wait and see how they gel into the atmosphere here. I'm sure they will gel in fine and because of what they've done in the game so far im sure they will help us in our bid to get to where we want to be. I think they will definitely help with that.

**What's your biggest achievement?**

My biggest achievement is probably recently, getting picked for the Saxons. That's closer and closer to what I want to achieve in my career. I want to play rugby at the highest level internationally and the same at our club environment so hopefully

I'll get the chance to do that with the Heineken Cup as long as we do well.